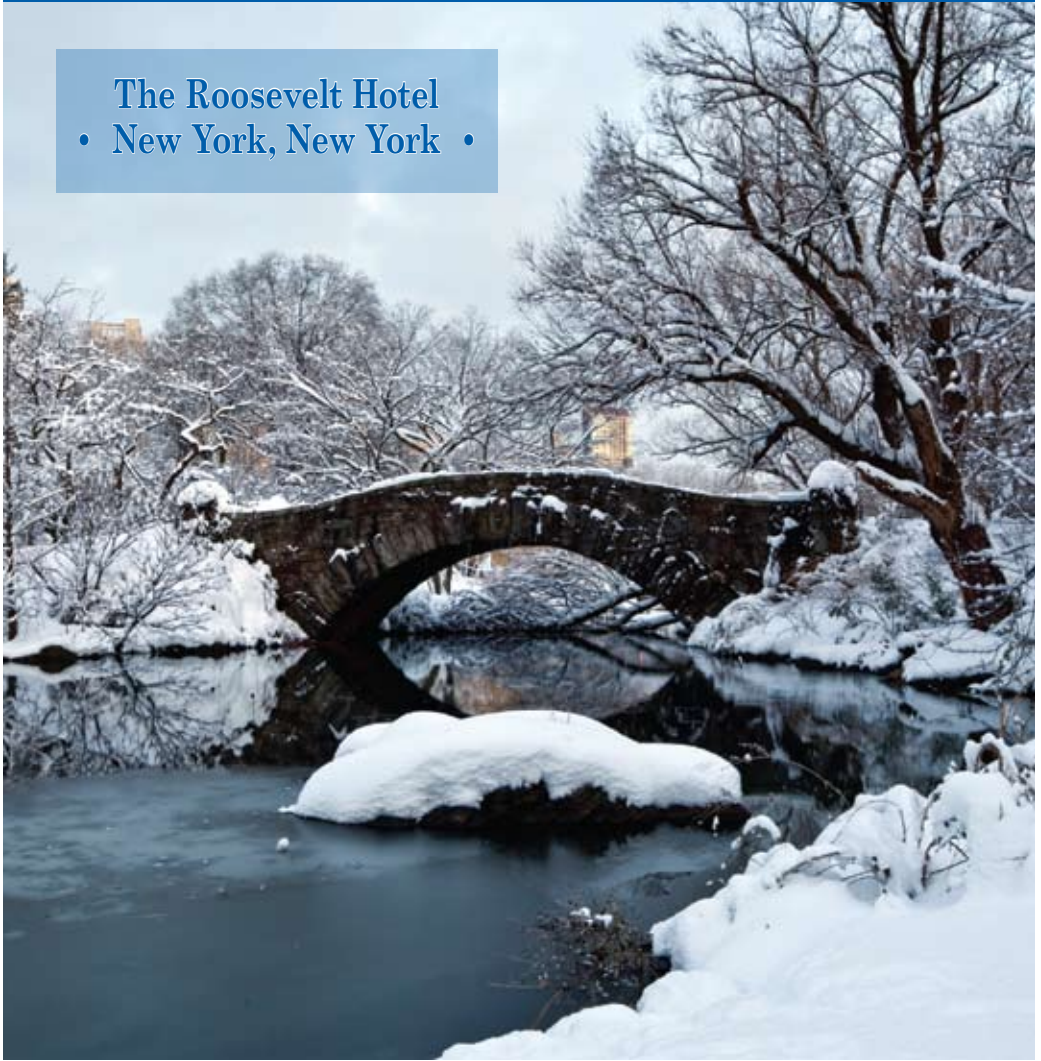


2nd ANNUAL SEMINAR  
**INTENSIVE LAPAROSCOPIC  
SUTURING, KNOT TYING,  
AND LAPAROSCOPIC  
AND ROBOTIC HYSTERECTOMY**

A STEP-BY-STEP APPROACH

THURSDAY, DECEMBER 9 – FRIDAY, DECEMBER 10, 2010

The Roosevelt Hotel  
• New York, New York •



GENERAL CHAIR

**FARR R. NEZHAT, MD, FACOG, FACS**

HONORARY CHAIR  
**CARMEL B. COHEN, MD**

CHAIR OF SCIENTIFIC PROGRAM  
**CAMRAN R. NEZHAT, MD, FACOG, FACS**

**CME credit certified by:**  
Beth Israel Medical Center and  
St. Luke's and Roosevelt Hospitals

**Sponsored by:**  
Department of Obstetrics and Gynecology  
St. Luke's and Roosevelt Hospitals, New York, NY

# INTENSIVE LAPAROSCOPIC SUTURING, KNOT TYING, AND LAPAROSCOPIC AND ROBOTIC HYSTERECTOMY

## A STEP-BY-STEP APPROACH

### OVERVIEW

Despite the many advances in endoscopic surgery, almost 70% of the hysterectomies performed annually in the United States are still performed by laparotomy. This intensive laparoscopic suturing and knot-tying course includes a step-by-step guide to total and supracervical hysterectomy with or without adnexectomy and robotics. The symposium has been designed for surgeons who desire to bring their current laparoscopic skills and techniques to the next level. By providing in-depth instruction and education and using the latest technology in instrumentation, this will be achieved with the help of pelvic trainers and instructors who will supervise each station and guide each participant in achieving their desired goal. Time spent with the pelvic trainers will ensure effective learning throughout this two-day program. In addition, a variety of surgical videos will clearly demonstrate a step-by-step procedure of tackling easy to difficult laparoscopic hysterectomies. These lectures will be presented by renowned guest faculty with extensive experience in this arena. Additional topics include myomectomy, treatment of endometriosis, pelvic reconstruction, normal and abnormal anatomy and complications.



### COURSE DESCRIPTION

This two-day seminar and hands-on workshop is designed to educate attendees in the art and science of laparoscopic suturing and knot tying, an essential tool for advancing your career as a laparoscopic surgeon. This deficiency of skill in suturing has forced many conversions from laparoscopy to laparotomy unnecessarily and prolonged operative time, as well as increased the postoperative morbidity. The curriculum of this course is a continuum of didactics followed by hands-on training session in a repetitive and increased fashion, reaffirming and improving on learned skills. During workshop sessions, preceptors will supervise each station and guide each participant in utilizing different suturing techniques to achieve their desired goals. Further, the most commonly performed procedure in gynecology, hysterectomy, will be described in didactics as well as video sessions. Additional lectures will cover cystoscopy and ureteral catheter for gynecologists and collaborative work for management of gastrointestinal and genitourinary pathology and injury.

# GENERAL CHAIR

Farr R. Nezhat, MD, FACOG, FACS

## COURSE OBJECTIVES

At the end of this conference participants will be able to:

- 1) Evaluate the treatment options for gynecological patients presenting for minimally invasive approach for hysterectomy
- 2) Advance the skill development for all aspects of minimally invasive surgery utilizing suturing/knot tying an high tech instrumentation and advanced techniques
- 3) Acquire the state-of-the-art knowledge base of peers in advanced gynecological surgery who employ techniques in minimally invasive surgery
- 4) Increase self-confidence of gynecologic surgeons toward minimally invasive surgery and thereby improve patient outcomes and transform the surgeon's outlook about this new modality
- 5) Examine new indications and techniques of the new energy sources – their actions and their complications
- 6) Identify early recognition and treatment options and the newly recognized complications in laparoscopic surgery that affects the diagnostic and management options for treating patients.

## TARGET AUDIENCE

Ob/Gyn Physicians, Residents, Fellows in Surgical Subspecialties, Physician Assistant's and Nurses who spend time in the Operating Room as surgical first assistants.

**ACCREDITATION STATEMENT** Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals are accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**CREDIT DESIGNATION** Beth Israel Medical Center designates this educational activity for a maximum of *18.5 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**POLICY ON FACULTY AND PROVIDER DISCLOSURE** It is the policy of Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals that faculty and providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals have established policies in place that will identify and resolve all conflicts of interest prior to this educational activity.

6:30-7:30 am

**Registration and Continental Breakfast**

7:30-7:40

**Welcome and Opening Remarks**

Stanley Brezenoff  
President and CEO  
Continuum Health Partners

**SESSION I**

**CHAIR: FARR R. NEZHAT, MD**

7:40-7:45

**Introduction to the Meeting**

Farr R. Nezhat, MD

7:45-8:10

**Why and How to Suture and Tie Knots: The Secret to Success**

Farr R. Nezhat, MD

8:10-8:35

**Safe Abdominal Entry and Port Placement for Optimal Performance: Complications and Management**

Ceana Nezhat, MD

8:35-9:00

**Different Types of Laparoscopic Hysterectomy and Why: How to Start Laparoscopic Hysterectomy**

Camran R. Nezhat, MD

9:00-9:20

**Q&A; Coffee Break**

9:20-9:25

**Overview of laboratory instruments and tasks**

9:25-11:00

**LAB SESSION I: PELVIC TRAINERS/SUTURE LAB/KNOT TYING**

**DIRECTORS: FARR R NEZHAT, MD AND CEANA NEZHAT, MD**

*(With Preceptors; Maximum 3 participants per trainer)*

**SESSION II**

**CHAIR: LINUS CHUANG, MD**

11:00-11:25

**Laparoscopic Supracervical Hysterectomy for Uteri of Varying Size: Adaptation of Instrumentation and Technique**

Ceana Nezhat, MD

11:25-11:50

**Total Hysterectomy for Mild to Severe Endometriosis and Adhesions: How to Advance to the Most-Challenging Cases**

Camran R. Nezhat, MD

11:50-12:00 pm

**Q&A**

12:00-1:00

**Lunch and Exhibits**

**LIVE SURGERY TRANSMISSION - Single-Incision Hysterectomy**

**SURGEON: KEVIN STEPP, MD**

**MODERATOR: CEANA NEZHAT, MD**

**SESSION III**

**CHAIR: GEORGE LAZAROU, MD**

1:00-1:25

**Step-by-Step Vaginal Hysterectomy:**

**Making It Easy, and Repairing Pelvic Floor Relaxation Vaginally**

Peter S. Finamore, MD

1:25-1:50

**Abdominal Hysterectomy: When to Use It and How to Avoid Complications**

Yukio Sonoda, MD

1:50-2:10

**Q & A; Break**

2:10-3:45

**LAB SESSION II: PELVIC TRAINERS/SUTURE LAB/KNOT TYING**

**DIRECTORS: RADHA SYED, MD AND CAMRAN R NEZHAT, MD**

*(With Preceptors; Maximum 3 participants per trainer)*

**SESSION IV**

**CHAIR: CARMEL B. COHEN, MD**

3:45-4:10

**Endoscopic Myomectomy**

Martin D. Keltz, MD

4:10-4:35

**Laparoscopic Hysterectomy for Large Myoma:**

**How to Shrink the Uteri Intraoperatively. Abdominal and Vaginal Morcellation**

Ceana Nezhat, MD

4:35-5:00

**Robotic Hysterectomy for Benign and Malignant Pathologies:**

**Room Setup and Instrumentation**

Farr R. Nezhat, MD

5:00-5:15

**Q & A**

5:15-7:00

**LAB SESSION III: PELVIC TRAINERS/SUTURE LAB/KNOT TYING**

**DIRECTORS: RADHA SYED, MD AND CAMRAN R NEZHAT, MD**

*(With Preceptors; Maximum 3 participants per trainer)*

7:00

**Adjourn**



7:00-8:00 am

Continental Breakfast; Open Practice on Pelvic Trainers; Exhibits

FRIDAY,  
DECEMBER 10, 2010

SESSION I

CHAIR: PATRICK F. VETERE, MD

8:00-8:25

Adhesion Prevention in Pelvic Surgery  
George A. Pistofidis, MD

8:25-8:50

Normal and Abnormal Pelvic Anatomy in Laparoscopic Surgery:  
How to Develop Surgical Planes and Dissect Pelvic Side Wall  
Robert Wendel Naumann, MD

8:50-9:10

Q&A; Break

9:10-10:35

LAB SESSION I: PELVIC TRAINERS/SUTURE LAB/KNOT TYING  
DIRECTORS: FARR R NEZHAT, MD AND CEANA NEZHAT, MD  
(With Preceptors; Maximum 3 participants per trainer)

SESSION II

CHAIR: HERBERT F. GRETZ, III, MD

10:35-11:00

What Every Surgeon Should Know About Electrosurgery:  
How to Use Different Vessel-Sealing Devices  
Kate O'Hanlon, MD

11:00-11:25

Nonsurgical Hemostasis During Pelvic Surgery  
Jacques L. Moritz, MD

11:25-11:50

How to Repair Vaginal Cuff During Total Laparoscopic and Robotic Hysterectomy  
To Prevent Vaginal Cuff Dehiscence  
Pedro T. Ramirez

11:50-12:00 pm

Q&A

12:00-1:00

Lunch and Exhibits  
LIVE SURGERY TRANSMISSION - Robotic-Assisted Laparoscopic Hysterectomy  
SURGEON: LISA PEACOCK, MD  
MODERATOR: CEANA NEZHAT, MD

SESSION III

CHAIR: GEORGE A. PISTOFIDIS, MD  
COMPLICATIONS, PREVENTION, RECOGNITION AND MANAGEMENT

1:00-1:25

Vascular Complications  
Pedro T. Ramirez, MD

1:25-1:50

Bladder and Ureter:  
How to Perform Cystoscopy and Place Ureteral Catheter  
Kate O'Hanlon, MD

1:50-2:15

Small and Large Bowel  
Robert Wendel Naumann, MD

2:15-2:35

Q&A; Break

2:35-4:20

LAB SESSION II: PELVIC TRAINERS/SUTURE LAB/KNOT TYING  
DIRECTORS: RADHA SYED, MD AND FARR R NEZHAT, MD  
(With Preceptors; Maximum 3 participants per trainer)

SESSION IV

CHAIR: GEORGE HILARIS, MD

4:20-4:45

Anesthesia for Operative and Robotic Surgery:  
How to Convince an Anesthesiologist to Put Your Patient  
in Steep Trendelenburg  
Sanford M. Littwin, MD

4:45-5:05

SURGICAL VIDEO:  
Challenging Cases, Including Pelvic-Wall Dissection for  
Difficult Hysterectomy And Large Adnexal Masses  
(or you may practice on pelvic trainers)

5:05-5:15

Q&A

5:15-6:30

LAB SESSION III: PELVIC TRAINERS/SUTURE LAB/KNOT TYING  
DIRECTORS: CEANA NEZHAT, MD, AND CAMRAN R NEZHAT, MD  
(With Preceptors; Maximum 3 participants per trainer)

6:30

Adjourn



# FACULTY LISTING

## General Chair

### **Farr R. Nezhat, MD, FACOG, FACS**

Professor of Obstetrics and Gynecology  
Columbia University, College of  
Physicians and Surgeons  
Director, Minimally Invasive Gynecologic  
and Robotic Surgery and Fellowship  
Division of Gynecologic Oncology  
Department of Obstetrics  
and Gynecology  
St. Luke's and Roosevelt Hospitals  
Director, Minimally Invasive  
Gynecologic Surgery  
Department of Obstetrics  
and Gynecology  
Winthrop University Hospital  
New York, NY

## Core Faculty

### **Camran R. Nezhat, MD, FACOG, FACS**

Deputy Chief  
Department of OB/GYN  
Stanford University Medical Center  
Adjunct Clinical Professor of OB/GYN  
and Surgery  
Stanford University  
Clinical Professor of OB/GYN  
University of California at San Francisco  
Director, Center for Special Minimally  
Invasive and Robotic Surgery  
Palo Alto, CA

### **Ceana Nezhat, MD, FACOG, FACS**

Chair, Department of Obstetrics  
& Gynecology  
Northside Hospital  
Associate Professor of Obstetrics  
and Gynecology (Adj. Clin.)  
Stanford University School of Medicine  
Clinical Associate Professor  
of Gynecology & Obstetrics  
Emory University School of Medicine  
Fellowship Director  
Atlanta Center for Special Minimally  
Invasive Surgery & Reproductive Medicine  
Northside Hospital  
Atlanta, GA

### **Martin D. Keltz, MD**

Associate Clinical Professor Columbia  
University, College of Physicians  
and Surgeons  
Director, Continuum Reproductive Center  
Director, Division of Reproductive  
Endocrinology  
St. Luke's and Roosevelt Hospitals  
New York, NY

### **Jacques L. Moritz, MD**

Assistant Professor of Obstetrics  
and Gynecology  
Columbia University, College  
of Physicians and Surgeons  
Director, Division of Benign Gynecology  
Department of Obstetrics  
and Gynecology  
St. Luke's and Roosevelt Hospitals  
New York, NY

### **Pedro T. Ramirez, MD**

Associate Professor  
Director of Minimally Invasive Surgical Re-  
search & Education  
Department of Gynecologic Oncology  
The University of Texas M.D. Anderson  
Cancer Center  
Houston, Texas

### **Yukio Sonoda, MD**

Associate Attending Surgeon  
Gynecology Service  
Department of Surgery  
Memorial Sloan-Kettering Cancer Center  
New York, NY

### **Radha Syed, MD, FACOG**

Private Practice  
Advanced GYN Endoscopic Surgeon  
Staten Island University Hospital  
Staten Island, New York

## Invited Faculty

### **Stanley Brezenoff**

President and Chief Executive Officer  
Continuum Health Partners, Inc.  
New York, NY

### **Linus Chuang, MD, MPH, MS**

Co-Director of Minimally Invasive Surgery  
Associate Professor  
Division of Gynecologic Oncology  
Department of Obstetrics, Gynecology and  
Reproductive Science  
The Mount Sinai Hospital  
New York, NY

### **Carmel B. Cohen, MD**

Professor of Obstetrics, Gynecology and  
Reproductive Science  
Mt. Sinai School of Medicine  
New York, NY

### **Peter S. Finamore, MD, MA, FACOG**

Associate Director, Division of  
Urogynecology & Pelvic  
Reconstructive Surgery  
Winthrop University Hospital  
Mineola, NY

**Herbert F. Gretz, III, MD, MBA, FACOG, FACS**

Director, Gynecologic Minimally Invasive Surgery  
Interim Director of Gynecologic Oncology  
Department of Obstetrics and Gynecology  
Division of Gynecologic Oncology  
Associate Professor  
Mt. Sinai School of Medicine  
New York, NY

**George Hilaris, MD**

Adjunct Clinical Instructor of Obstetrics and Gynecology  
Stanford University School of Medicine  
Palo Alto, CA  
Director, Center for Special Minimally Invasive and Robotic Surgery  
Gynecologic Oncology & Endometriosis  
Athens, Greece

**George Lazarou, MD, FACOG, FACS**

Chief of Gynecology  
Director of Urogynecology & Reconstructive Pelvic Surgery  
Winthrop University Hospital  
Associate Professor  
Department of Obstetrics, Gynecology & Women's Health  
Stony Brook University Hospital  
Mineola, NY

**Sanford M. Littwin, MD**

Assistant Professor of Clinical Anesthesiology  
Columbia University, College of Physicians and Surgeons  
Attending Anesthesiologist  
St. Luke's and Roosevelt Hospitals  
New York, NY

**Robert Wendel Naumann, MD**

Director, Minimally Invasive Surgery in Gynecologic Oncology  
Associate Director of Gynecologic Oncology  
Blumenthal Cancer Center  
Carolinas Medical Center  
Charlotte, NC

**Kate O'Hanlan, MD, FACOG, FACS**

Director, Gynecologic Oncology  
Laparoscopic Institute for Gynecologic Oncology  
Portola Valley, CA

**Lisa Peacock, MD**

Vice President, Premier Care for Women, PC  
Northside Hospital  
Clinical Associate Professor  
Emory University School of Medicine  
Atlanta, GA

**George A. Pistofidis, MB, BS**

Director, Department of Gynaecological Surgery  
Lefkos Stavros Clinic  
Athens, Greece

**Kevin Stepp, MD**

Fellowship Director, Urogynecology, Reconstructive Pelvic Surgery, and Minimally Invasive Surgery  
Department of Obstetrics and Gynecology  
MetroHealth Medical Center  
Assistant Professor of Obstetrics and Gynecology  
Case Western Reserve University  
Cleveland, OH

**Patrick F. Vetere, MD, FACOG, FACS**

Associate Director of Minimally Invasive Gynecologic Surgery  
Director of the Gynecologic Surgical Training Lab  
Winthrop University Hospital  
Associate Professor of Obstetrics, Gynecology, and Reproductive Medicine  
SUNY Stony Brook School of Medicine

**Preceptors for Pelvic Trainer Workshops**

Uchenna C. Acholonu, MD – New York, NY

Najla Al-Mari, MD – New York, NY

Shao-Chun Rose Chang-Jackson, MD  
– New York, NY

Jennifer Eun Sun Cho, MD – New York, NY

Moushumi Shoma Datta, MD  
– New York, NY

Shaghayegh Moghaddam DeNoble, MD  
– New York, NY

Mary Jacobson, MD – Palo Alto, CA

Kimberly Kho, MD, MPH-Dallas, TX

Nanette LaShay, MD – Redwood City, CA

Michael Lewis, MD – New York, NY

Connie Liu, MD – New York, NY

Mojgan Ammadi, MD – Palo Alto, CA

Nimesh Nagarsheth, MD – New York, NY

Azadeh Nezhat, MD – Atlanta, GA

Jaime E. Ocampo, MD – Palo Alto, CA

Laurence Orbuch, MD, FACOG  
– New York, NY

Iris Kerin Orbuch, MD – New York, NY

Odysseas Savvouras, MD – Palo Alto, CA

Jyoti Yadav, MD – Quincy, MA

Konstantin Zakashansky, MD – New York, NY

## GENERAL INFORMATION

### Conference Site

**The Roosevelt Hotel**

**45 East 45th Street**

**New York, NY**

**888-833-3969**

[www.theroosevelthotel.com](http://www.theroosevelthotel.com)



### Housing Information

A block of rooms is available for seminar participants and can be reserved by calling the hotel directly at 888-833-3969, and stating that you are with the "St. Luke's and Roosevelt Hospitals Laparoscopic Conference." Reservations require a credit card guarantee, and will only be charged if you cancel within 24 hours prior to arrival or no-show. There is no cancellation charge if you notify the hotel 24 hours prior to your arrival date. A special group rate of \$289.00 per night, plus taxes for single or double occupancy. Rooms will be held until November 17, 2010 and offered on a space available basis, so please make your reservation as soon as possible. Check-in time is 3:00pm and check-out is 12:00 noon

**St Luke's and Roosevelt Hospitals**  
**Office of Continuing Medical Education**  
**212-523-2138**  
[www.chpnet.org/cme](http://www.chpnet.org/cme)  
[aroman@chpnet.org](mailto:aroman@chpnet.org)

**FURTHER  
INFORMATION**



2nd ANNUAL SEMINAR

# INTENSIVE LAPAROSCOPIC SUTURING, KNOT TYING, AND LAPAROSCOPIC AND ROBOTIC HYSTERECTOMY

A STEP-BY-STEP APPROACH



# The Roosevelt Hotel

## THURSDAY, DECEMBER 9 – FRIDAY, DECEMBER 10, 2010

Name \_\_\_\_\_ Title \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail: \_\_\_\_\_ Specialty \_\_\_\_\_

Affiliation \_\_\_\_\_

(Be sure to include your e-mail address as confirmation/receipt will be sent electronically)

<b>Tuition Fee</b> (Place a check (X) in the appropriate box)	By OCT 28th	After OCT 28th
Physicians	<input type="checkbox"/> \$795	<input type="checkbox"/> \$945
Continuum Health Partners Faculty, PA's, NP's, RN's	<input type="checkbox"/> \$495	<input type="checkbox"/> \$595
Fellows/Residents (verification required)	<input type="checkbox"/> \$395	<input type="checkbox"/> \$495

*(We recommend registering with a colleague or surgical assistant who works with you regularly to maximize the training benefits)*

### Payment Method

- Online Registration is available and is the preferred method [www.chpnet.org/cme](http://www.chpnet.org/cme)
- Check payable to SLRHC-CME is enclosed
- Credit Card       Amex       MasterCard       Visa

Signature \_\_\_\_\_

Expiration Date \_\_\_\_\_

### Payment must accompany registration form.

Payment must accompany registration form.

- **Fax:** 212-523-2074
- **Mail:** St. Luke's and Roosevelt Hospital, Office of CME  
1111 Amsterdam Avenue, New York, NY 10025

### Cancellation Policy

A refund, less a \$150 administrative fee, will be issued upon written request. No refunds will be made after November 16th. St. Luke's and Roosevelt Hospitals reserve the right to cancel this program.

### Further Information

St. Luke's and Roosevelt Hospitals • Office of Continuing Medical Education

Phone: 212-523-2138 • Fax: 212-523-2074

Email: [aroman@chpnet.org](mailto:aroman@chpnet.org)

Website: [www.chpnet.org/cme](http://www.chpnet.org/cme)

**St. Luke's  
Roosevelt**

Academic Affiliate of  
Columbia University College  
of Physicians and Surgeons

**Continuum** Health Partners, Inc.

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New York, NY 10025